MILESTONE



ROTARY CLUB OF VALSAD MAGAZINE

Rotary 🎇



TOGETHER TOWARDS TOMORROW

Club ID.: 15159 | RID: 3060 | RIY: 2022-23



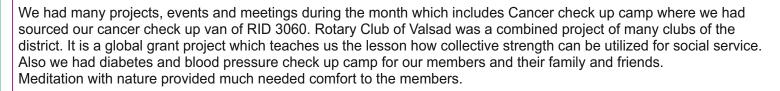
PRESIDENT MESSAGE

Dear fellow Rotarians,

December is mostly a lazy month as all of us look forward to Christmas vacation but this year all of us were awaiting Christmas as we had planned to attend annual District Conference at Aurangabad from 23rd to 25th December. It was the first conference outside the district after Goldcon 2020 in Goa. 27 members had registered for the conference out of which 24 members participated.

Rotary Club of Valsad was a session sponsor at the event. All the participants at the conference heard the keynote speaker of the session with rapt attention. After the session,

PDG Anish Shah, Vice President Rtn. Dr Shailaia Mufti and Secretary Rtn. Nirali Gaijar felicitated the speaker.



We distributed clothes and blankets to the needy, a regular project of Rotary Club of Valsad. We participated in the district project Aanch and also had our regular project HUMF as well as the regular physiotherapy camp at Old age home, Atar.

Last year, for the first time we had designed, printed and distributed annual Calendar for the first time. This year again we have printed 3000 calendars for distribution. There are many novel features this year including the exhibit of flagship projects of Rotary Club of Valsad on each page alongwith sponsor details. Also we have specially marked the Rotary New Year date, Rotary International Day and the charter day of Rotary Club of Valsad specifically. This is a great public image exercise which is well appreciated by all the members.

Rotary club of Valsad has always been very active about literacy projects & does numerous projects to motivate students as well as teachers. We have our Annual Academic Excellence Award where we felicitate and award the top 3 students of 10th board exams mainly from government and government granted schools in and around Valsad city. We invited Principals of beneficiary schools for the launching of the project this year itself & it was heartening to listen the Principal's experience how Rotary Club of Valsad's Academic Excellence Award has been instrumental in motivating the students to perform their best.

We also enjoyed night cricket match with other service organization. It was a heartening mutually appreciating event. PDG Anish Shah informed the members about the Rotary Institute at Vishakhapatnam in our regular Thursday meeting. The event was attended by PDG Anish and Swati Shah and PDG Dr. Nilax and Dr Shailaja Mufti.

Apart from that we had our regular board and business meeting where projects, events and meetings for the month of January were deliberated.

January is the beginning of the new year and I am looking forward to the second part of my term as President.

Rtn. Swati Shah President (2022-23) Rotary Club Of Valsad

MEETINGS OF DECEMBER 2022

Encouraging Voters Pride

RC Valsad had a fellowship meeting on the eve of election, i.e., 01/12/2022. Voting is our fundamental right and each citizen should exercise his right to vote. All the members were given a gift on the day.











Rotary Institute 2022 - Visakha Vista

The biggest Rotary event of the year -Rotary Institute 2022 -Visakha Vista happened at Radisson Blu Resort, Visakhapatnam. It was attended by Delegates from more than 25 countries happened from 9th December 2022 at 3:30 PM to 11th December 2022. Senior leaders like RI President Jennifer Jones, RI President Nominee Stephanie Urchick, Past RI President Shekhar Mehta, number of present and past RI Directors and TRF Trustees addressing the event. Amazing speakers like little master Sunil Gavaskar, Chairman- Bharat Biotech Krishna Ella, Padmavibhushan Raghunath Mashelkar, Bollywood super director Subhash Ghai and many more eminent personalities were the quest speakers. PDG Dr. Nlax Mufti & PDG Anish Shah attended the event.







Fellowship over Cricket

RC Valsad played night cricket matches at Bunty Cricket Ground, Tithal Road with teams of JCI and Valsad Nagarpalika. It was a great time playing together and had wonderful fellowship after the match. Project Chair - Rtn. Hitesh Patel.







PROJECTS FOR THE MONTH OF DECEMBER 2022

Cancer Checkup Camp

Rotary Club Valsad organized Cancer Checkup Camp for women at Public Health Center, Vankal. In the Cancer checkup camp tests for various types of cancer in women like breast, cervical, ovarian etc were done. On the day 97 women were screened, 7 mammography and 40 pap smear tests were done. Project Chairman was PDG Dr. Nilax Mufti and Co-Chairman was Rtn. Dr. Mitesh Modi.











Meditation with Nature

The fundamental structural basis of all living beings (including all plants, animals and humans) are 5 elements or 'Panchmaha bhootas.' Panch means five; maha means supreme and bhootas means powers. The 5 elements form subtle essence or tanmatra. (Tanmatra is a Sanskrit word which means subtle essence.) These tanmatras embodied the 5 mahabhoots as - Sound (Shabda), Touch (Sparsha), Vision (Roopa), Taste (Rasa), Smell (Gandha). These tanmatras are related to each sense organ.

RC Valsad and Divine Dreams organized a meditation session with these Panchmaha Bhootas by the shore of Tithal beach. Tremendous energy was felt during meditation in the lap of mother nature giving mental peace to the participants and nearby beings. It is always said and believed that the closer one is to nature, lives a balanced and

peaceful life.

















Project AANCH

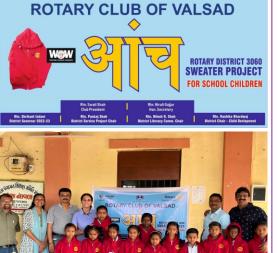
Rotary Club Valsad distributed sweaters to 250 students in three schools Nandawala Primary School, Valsad Pardi Primary School and Bhagdakhurd Primary School. Children after receiving the sweaters were filled with joy and happiness. District 3060 Literacy Committee Chairman Nilesh Shah was present during the project.











Rotary

: IMAGINE ROTARY





























Hand Wash Stations

RC Valsad, with its vision to do the necessary work for needy & underprivileged children and their schools has set up Hand Wash Stations in two adopted schools - Nandawala Primary School and Valsad Pardi Primary School. District 3060 Literacy Committee Chairman Nilesh Shah inaugurated hand wash stations at Nandawala Primary School and Valsad Pardi Primary School. Rtn. Pural Vashi and Rtn. Rajesh Patel were the donors for these hand Wash Stations.









Blankets & Clothes Distribution

RC Valsad distributed blankets to 48 girls at Virval girls hostel, and 25 sarees to the needy ladies of a slum area at Dharampur in association with "Pahel Trust". Project chairman was Rushit Masrani.





















Diabetes & Blood Pressure Checkup Camp

Diabetes & Blood Pressure Check Up camp by Rotary Club Valsad was organized on a Sunday at the Advanced Diagnostic Lab, Valsad for the members of Rotary Club & their family members to get themselves tested for healthy & fit life. Project chair-Rtn. Dr. Mehul Solanky.













Free Physiotherapy Camp

Doctors of Rotary Physiotherapy Center organized Physiotherapy Camp at Atar Old age Home for the residents. Dr. Vinaben Topiwala along with project chair Rtn. Mahendra Balsara and Rtn. Tushar Desai demonstrated and explained the elderly men and women exercises for their various ailments, 20 elders took the benefit of the camp. Mr. Ketulbhai Desai & Priyankaben Patel, manager of the old age home made necessary arrangements for the camp.















Project HUMF

RC Valsad distributed Nutritious food kits, Protein Powder and Vitamin syrup to pregnant and lactating mothers under the project HUMF at Vejalpore, Aanganwadi. Nutritious food kits were sponsored by Rtn. Dr Premal Shah, Protein powder and multivitamin syrup were sponsored by Rtn. Manish Bharucha. Project Chair - Rtn. Dr. Shailaja Mufti.











Academic Excellence Award 2023

Rotary Club of Valsad launched its signature project Rotary Academic Exellence Awards '23 a bold initiative to encourage the students of class 10th to improve their result in Metric exams, with very encouraging results very positive feedback from the school principals in last 2 years through this extraordinary project being executed with Project Chairman Rtn. Dipesh Shah. RC Valsad invited all the involved school principals and handed over the Rotary Academic Exellence Awards '23" banners for display at their respective schools.

















Rotary Calendar 2023

The calendars were printed to promote public image of RC Valsad with advertisements on each page sponsored by our club members along with display of projects being undertaken by Rotary Club of Valsad. The calendar has been handed over to

number of senior government offices and can be seen displayed in their offices.

Project Chair - Rtn. Tarang Shah and Rtn. Dipesh Shah.

















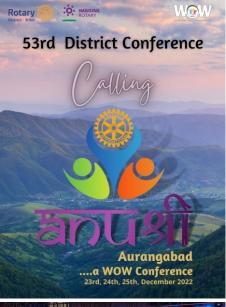
ANUSHREE AT AURANGABAD (RID 3060 CONFERENCE)

"Anushree" 53rd District Conference (Rotary District 3060) was hosted at Vande Mataram Auditorium in Aurangabad. The District Conference was held on 23, 24 and 25 December. 24 members from Rotary Club Valsad attended the event. Many famous speakers were invited who impressed the audience with their speeches. Nilima Mishra - "A Journey Towards Village", Karan Dutta - "Geopolitics and its implications, Bhavesh Bhatia - "Ruk Jana Nahi", Union Minister for State Finance Honorable Dr. Bhagwatji Karad, Shri Rajendraji Jain - "Vastu aur Vigyan", Mrs. Sarika Jain, Keynote address by PRIP Kalyan Banerjee and Inspirational address by RIP representative PDG Shyamshree Sen. Rotary Club of Valsad was a session sponsor at the event which gave us an opportunity to felicitate the speaker after his speech. The entertainment hours were also enjoyed thoroughly by club members.





















































NEW MEMBERS IN CLUB



Harshil Bhavsar

DOB- 22-07-1982

M. No.- +91 9726610158

Occupation- Insurance Advisor
Sponsored by Rtn. Amar Parekh



Dr. Jash Desai

DOB- 18-08-1997

M. No.- +91 9823833103

Occupation- MPT Musculoskeletal
Science & Sports

Sponsored by PDG Dr. Nilax Mufti



Dr. Unnati Desai

DOB- 18-09-1992

M. No.- +91 9503683139

Occupation- Dentist (Endodontist)

Sponsored by
PDG Nilax Mufti



Ankit Shethia

DOB- 16-06-1974

M. No.- +91 9825505870

Occupation- Businessman
Sponsored by
Rtn. Amish Shah



Gaurang Patel

DOB- 03-06-1983

M. No.- +91 9909115475

Occupation- Life Coach & Counselor

Sponsored by
Rtn. Amar Parekh



Rushit Masrani
DOB- 22-04-1989
M. No.- +91 9724388805
Occupation- Founder CEO Pahel
Trust
Sponsored by Rtn. Jignesh Vasani



Ami Japan Shah

DOB- 21-04-1985

M. No.- +91 9328148111

Occupation- Navdeep Products

Sponsored by
Rtn. Japan Shah



Nirajkumar Junj DOB- 26-09-1979 M. No.- +91 9724323123 Occupation- Advocate Sponsored by -Rtn. Pratik Parekh



Jatin Kansara
DOB- 07-05-1991
M. No.- +91 9033782688
Occupation- Banker
Sponsored by Rtn. Sanober Shroff



Shivani Desai

DOB- 09-12-1979

M. No.- +91 9879111757

OccupationSponsored by Rtn. Swati Shah



Jinal Marjadi
DOB- 15-12-1985
M. No.- +91 9377049749
Occupation- Jewellery Designer
Sponsored by PDG Dr. Nilax Mufti



Mita Bhanushali DOB- 08-08-1967 M. No.- +91 9925143333 Occupation- Home maker Sponsored by -Rtn. Mahesh Bhanushali







MY ROTARY EXPERIENCE

નમસ્તે વલસાડ રોટરી પરિવાર રોટરી માં એક વર્ષ.... રોટરી માં પેહલુ વર્ષ!!

આજે જોત જોતા માં રોટરી માં પ્રથમ વર્ષ પૂર્ણ થયું. રોટરી માં 20-25-30-40 વર્ષ થી સેવા આપનાર વડીલો ના હાથ નીચે રહી ને વર્ષો જૂની મારાં મન માં ધર કરી ગયેલી એક ખોટી માન્યતા આજે તૂટી ગયી છે. રોટરી માં જોડાયા પેહલા એવુ માનતો હતો કે આવી અંગ્રેજી સંસ્થા ઓ ફક્ત મોજ શોખ માટે અને દેખાડો કરવા માટે જ હોઈ છે પણ રોટરી માં જોડાયા પછી અકસોસ થયો કે આટલી પવિત્ર સંસ્થા માં જિદગીના 40 માં વર્ષે જોડાવાનો મોકો મળ્યો. રોટરી વિશે જાણ્યા પછી અને એની વિવિધ સેવાકીય પ્રવૃત્તિ ઓ જોયા અને એમાં ભાગ લીધા પછી મને મારી માન્યતા પર શરમ લાગે છે. આપ વડીલો ને આ સંસ્થા માટે પોતાની જિંદગી વિતાવતા જોયા પછી ખરેખર સેવા નો અર્થ સમજાય છે.



શ્રી અનીશભાઈ, ર્ડા મુકતી સાહેબ જેવા સિનિયર સભ્યો જેઓ રોટરી માં ઉચ્ચ હોદા પર રહી યુક્યા છે અને જેમને રોટરીને ખરા અર્થ માં પયાવી જાણી છે એમની પાસે થી ધણું શીખવા મળ્યું.શ્રી દુષ્યંતકાકા જેમને આ સંસ્થા માં વર્ષો થી સ્વૈય્છા એ દરેક મિટિંગ માં કેટરીંગ ની જવાબદારી સ્વીકારી છે એ એમનું રોટરી પ્રત્યે નુ કમિટમેન્ટ શીખવે છે. શ્રી અક્ષય કાકા, તુષારભાઈ, આશુતોષ ભાઈ જેમને સ્વૈચ્છાએ આપડા પેહલા પરમેનન્ટ પ્રોજેક્ટ માં સેવા આપવાનું સ્વીકાર્યું એ પણ રોટરી ના જ સંસ્કાર તરીકે જોવા મળ્યું.શ્રી હિતેષભાઇ જેમની સાથે રહી ને એક એવા વ્યક્તિત્વ નો પરિયય થયો કે કોઈ પણ કામ હોઈ, એમના મોઢા માંથી ના નથી સાંભળી સંસ્થા માટે અને કોઈ પણ સારું કાર્ય હોઈ, પહેલું યોગદાન એમના તરફથી મોટેભાગે હોઈ. આ એમનો રોટરી પ્રત્યે નો પ્રેમ શીખવી ગયો.આ એક વર્ષ દરમિયાન સૌથી મોટી વાત એ શીખવા મડી કે મતભેદ ગમે એટલા થયાં હશે વર્ષ દરમિયાન પરંતુ મનભેદ નથી થયાં. આ દરેક એ દરેક સભ્યો નો સંસ્થા પ્રત્યે નો પ્રેમ અને સંસ્થા ના સંસ્કાર જ બતાવે છે. ઉંમર માં નાના થી લઇ ને મોટા સુધી દરેક એ દરેક સભ્ય પાસે કંઈક ને કંઈક શીખવા મળ્યું જે આજીવન યાદ રહેશે.જયારે પણ કઈ સમજણ નઈ પડી ત્યારે વલસાડ રોટરી ના એન્સીકલોપીડિયા ભાવિન ભાઈ એ ખુબ મદદ કરી. જુસ્સો અને આત્મવિશ્વાસ દિપેશભાઈ પાસે શીખવા મળ્યા. કોઈ પણ કામ માં ખૂંપી જઈ ને અંત સુધી એની પાછળ મંડ્યા રહેવાનું મનોજભાઈ પાસે શીખવા મળ્યું.યિરાગભાઈ, પેહલા એવા ટ્રેઝરર જોયા જેમને વર્ષ પુરુ થતા ની સાથે બીજા જ દિવસે હિસાબ રજુ કરી દીધો. આજ ના જમાના માં સ્ત્રી ઓ પણ પુરુષ કરતા પાછળ નથી એ વાત વલસાડ રોટરી પરિવાર ની મારા બધ્ધા બહેનો એ બરાબર સાબિત કરી દેખાડી છે. સ્ત્રી ઓ પણ પુરુષ સમોવડીયા છે એ જોવું હોઈ તો રોટરી ક્લબ ઓફ વલસાડ ના બહેનો ને કામ કરતા જોઈ લેવા એ આ વર્ષ દરમ્યાન જોવા મળ્યું.પેહલા વર્ષે માં જ પબ્લિક ઇમેજ યેરમેન જેવી મહત્વ ની જવાબદારી આપવા બદલ હું પ્રેસિડેન્ટ સ્વાતિબેન નો આભારી રહીશ. ઘણા નામો લેવાના રહી ગયા છે પણ દરેક એ દરેક સભ્યો નો આ પવિત્ર સંસ્થા માં મને દિલ થી આવકારવા બદલ આભાર વ્યક્ત કરું છું. જય શ્રી કષ્ણ,

રોટેરિયન અમર પારેખ.

ABOUT ROTARY

The first President of the first Rotary Club (of Chicago) was Silvester Schiele and the Secretary was William Jenson (6th member). Paul did not accept the post of Presidentship as he wanted to concentrate on organising more Rotary Clubs. Of the four founder members of Rotary, Gus left the Club the very next year due to problems with his business. The Rotary life of Hiram Shorey was even shorter. Even though he was selected as the Secretary in the third meeting, he did not really serve as Secretary. Sylvester Schiele was a dedicated Rotarian till his death in 1945. At that time he was the treasurer of RI. The first printed Club roster of RC Chicago showed the strength of 19 members & 2 Honorary members in August 1905. Paul took the Presidency of the Club from Albert White in the third year. Harry Ruggles became the next President. The second Club was established in 1908 in San Francisco, California, USA with the help of a local attorney Homer Wood. In another one year Rotary Clubs were started in Oakland, Seattle and Los Angeles. By 1910, there were 16 Clubs spread across the USA. All these clubs were brought under "The National Association of Rotary Clubs of America". Paul was elected as the founder President of this Association. Chesley Perry became its Secretary for 32 long years. Rotary Club of Winnipeg, Canada was formed in 1910 as the 17th club. It became the first Club outside the USA. The first Rotary Club outside the American continent was formed in 1911 at Dublin, Ireland. Since the Rotary became international in 1912, it was called "The International Association of Rotary Clubs". Again in 1922 the name was changed to "Rotary International". - PDG Dr. Nilax Mufti











SECRETARIAL ANNOUNCEMENTS

Dear Rotarian Friends,

The TRF (The Rotary Foundation) contributions are as follows-

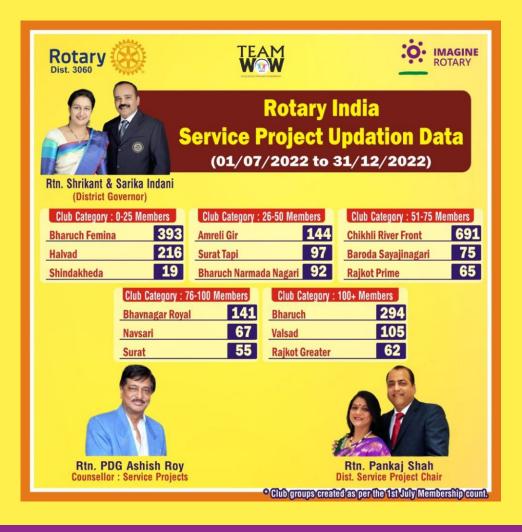
- 1. Rtn. Bhavin Shah 100\$
- 2. Rtn. Rajesh Patel 100\$
- 3. PDG Dr Nilax Mufti 100\$
- 4. Rtn. Dr Shailaja Mufti 100\$
- 5. Rtn. Tushar Desai 25\$

Thanks! Rtn. Nirali Gajjar, Club Secretary.

- 6. Rtn. Bharat Bhanushali 25\$
- 7. Rtn. Dr. Premal Shah 25\$
- 8. Rtn. Nirali Gajjar 25\$
- 9. Rtn. Sanober Shroff 25\$
- 10. Rtn. Dr Dhara Ashra 25\$



SPECIAL ACHIEVEMENTS & RECOGNITIONS



FROM THE EDITORS...

Ruskin Bond used to spend his summer at his grandmother's house in Dehradun. While taking the train, he always had to pass through a small station called Deoli. No one used to get down at the station and nothing happened there. Until one day he sees a girl selling fruit and he is unable to forget her.

Similarly, we are aware that most of things mentioned in this magazine are read by members in passing but we hope that there will be one project, event or meeting which will impress a member and will inspire him to plan & execute

something meaningful and which will lead to collective growth of all of us as members of this esteemed organisation

organisation.









Thanks! Team Milestone -











રોટરી इिजियोथेरापी सेन्टर

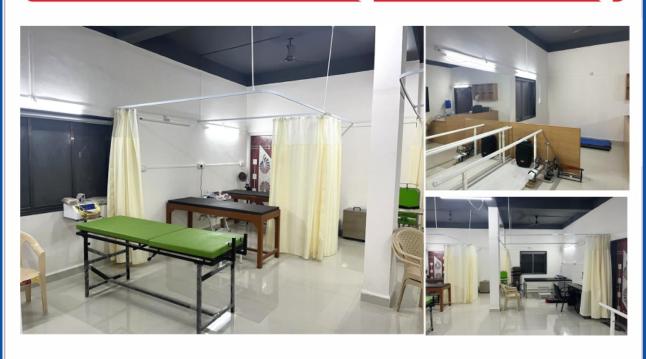


મુખ્ય દાતા **સ્વ. ચોગેશ પરીખ** (નવદીપ ઘરઘંટી) ની ચાદમાં

રોટરી ફિઝિયોથેરાપી सेन्टरनी

- 🗸 અદ્યતન ટેકનોલોજી સાથે ફિઝિયોથેરાપીની બધી જ સારવાર.
- િમ્ણાંત ફિઝીચોથેરાપીસ્ટ ડોકટરો દ્વારા સારવાર.
- शिषताओ: ४६३३ हहीओ भारे

માત્ર ૧૦૦ રા. થી



રો. સ્વાતિ શાહ ਪ੍ਰਮੁਯ

રો. કો. સુનીલ દેશપાંકે પ્રોજેક્ટ ચેર

રો. નિર્મલ દેસાઈ પ્રોજેક્ટ સેક્રેટરી

રો. નિરાલી ગજ્જર સેક્રેટરી

🕲 : ગાયત્રી બુક સ્ટોરની પાછળ, હાલર સિવિલ રોડ, વલસાડ.

Rotary club of Valsad | RID: 3060 | RIY: 2022-23











Rotary Club Of Valsad



Rotary greetings from host team of District sports event

DISTRICT-3060 SPORTS EVENT

4th & 5th March 2023

Rtn. Shrikant Indani District Governer 3060

@ Valsad

Rtn. Harish Kothari District Sports Chair Registration Amount
WITH ACCOMMODATION
2600/WITHOUT ACCOMMODATION
2100/per person

SPORTS ACTIVITIES:

Sr. No.	Game	Details	Host Team Coordinator
1	Tennis Ball Cricket	8 -8 over match will be played. Knock Out Rounds format will be played.	Rtn Pratik Parekh 98791 05383
2.	Carrom Tournament	Singles and Doubles will be played Knock Out Rounds format will be played.	Rtn Bhavin Shah 98244 93134
3.	Chess Tournament	5 Round Swiss Tournament will be played Time control 15+ 5 Chess board must be bought by the players	Rtn Dipesh Shah 98255 72703
4.	Table Tennis	Singles and Doubles will be played Knock Out Rounds format will be played.	Rtn Rishikesh Vibhandik 74051 41608
5.	Badminton	Singles and doubles will be played Knock Out Rounds format will be played.	Rtn Nishant Patel 90990 42311
6.	Lawn Tennis	Singles and doubles will be played Knock Out Rounds format will be played.	Rtn Dr. Mehul Solanky 99250 49270
7.	Box Cricket	It will be played in box Team need to bring Bat only 6 lady members team	Rtn Dr. Dhara Ashra 78740 77766
8.	Swimming open	2 laps competition will be there Free style swimming competition	Rtn Mahesh Bhanushali 98241 43333
9.	Race	100 and 400 Mts Race will be there Club can register maximum for this race	Rtn Sunil Jain 93758 10206

A player can take part in Cricket + maximum 2 sports events. For each sports event need to register on google form. We wish your kind support and cooperation for the same.

Special Attraction: Saturday Night will be Music Masti at Daman.

Rtn Swati Shah President Rtn Hitesh Patel Event Chair Rtn Dharmin Shah Event Co-Chair Rtn Nirali Gajjar Hon. Secretary







IMAGINE ROTARY